

## LDI LOG SHEET

**DOSE REPORTING**—For accurate dosing and success in treatment, please record the following information after your doses to report at your next visit:

- 1. LDI mixture, dose, and date administered
- 2. Response and duration of symptom change (how long did the response last?)
- 3. Change in symptoms from baseline symptoms, noting specific symptoms. Please note that a continuation of baseline symptoms does not indicate a "flare."

ANTIGEN	DOSE	DATE	RESPONSE (same/worse/better)	DURATION	SYMPTOMS
FOOD	8c	8/22/23	Better	4 weeks	50% less abdominal pain with dairy
ENV	8c	8/29/23	Worse	1 day	Worse congestion and itchy eyes
UTI	6с	9/10/23	Same		No change in finger and wrist pain



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